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OUTLOOK

Why 'Later' Won't Do for Those in Kosovo

By JAMES S. GORDON
AND SUSAN B. LORD

W E STOOD outside the state hospital here, in the capital of Kosovo, listening to the boom of artillery shells being

launched in the distance by the Serbian army. It was Aug. 30. We were planning to visit 14 ethnic Albanians severely wounded two days before during a Serbian attack on the village of Senik, east of Malisevo, less than an hour away. As many as 17 people—no one is as yet sure—died that day.

We wanted to see those injured in the attack to make sure they were being properly cared for. We traveled here after a week in Sarajevo, where at the invitation of the Bosnian Ministry of Social Welfare we worked with physicians and religious leaders who wanted to heal themselves and their wounded country. We had taught them the kinds of skills—self-awareness, meditation, guided imagery, biofeedback—that our Center for Mind-Body Medicine teaches physi-

cians, cancer patients and children in the United States.

During that week, we had heard colleagues speak, often for the first time, of the almost unendurable physical and emotional pain of the war in Bosnia. It had come to Kosovo to see if it could, in some small way, help a kind of mass suffering that still lives and scarred the bodies of c

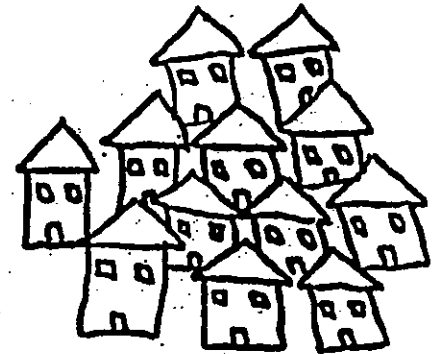
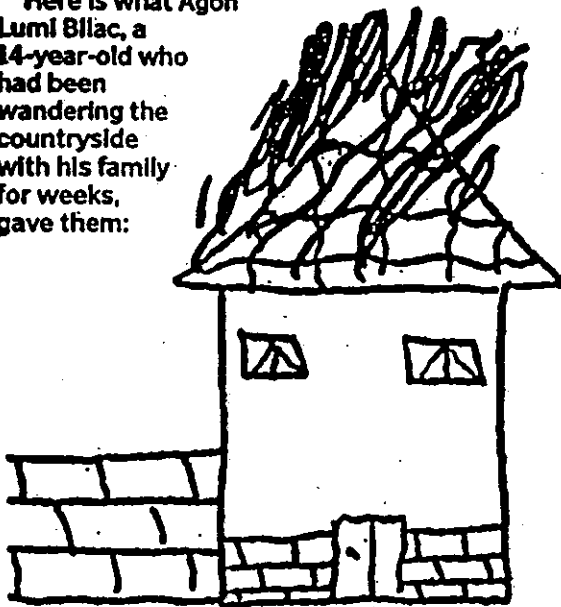
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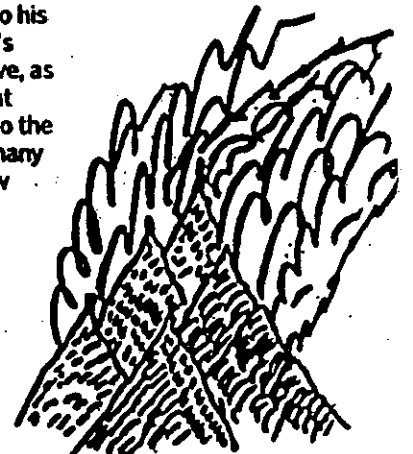
'I'm Not There'

While authors James Gordon and Susan Lord were in Kosovo, they asked some displaced children in an encampment outside Malisevo to express how they were feeling by drawing pictures of themselves.

Here is what Agon Lumi Bilac, a 14-year-old who had been wandering the countryside with his family for weeks, gave them:



Agon chose to depict what happened to his own family's house, above, as well as what happened to the homes of many of his fellow villagers: "The fire burning their houses."



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